

# LECTURE #14: GRADIENT DESCENT FOR STRONGLY CONVEX FUNCTIONS

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## Abstract

This lecture recaps the basic theorem underpinning gradient descent and the effect of function smoothness on convergence. New material includes strong convexity and the Polyak-Lojasiewicz inequality which offer improved bounds and generalizations on gradient descent.

## 1 BASIC THEOREM RECAP

Assume  $f$  is  $L$  Lipschitz, domain is all of  $\mathbb{R}^d$ ,  $|w_0 - w^*| \leq B$ . Without any other constraints of  $f$ , we have the following theorem.

Consider running  $T$  steps of gradient descent with a fixed learning rate  $\eta$ . Then we have:

$$(1) \quad \frac{1}{T} \sum_{t=1}^T f(w_t) - f(w^*) \leq \frac{B^2}{2\eta T} + \frac{L^2\eta}{2}$$

When  $\eta$  is correctly tuned the RHS approximates  $\frac{LB}{\sqrt{T}}$ .

This theorem utilizes the basic inequality about convex functions that for any point on the function, the tangent of the point lies below the function. Mathematically this is equivalent to:

$$f(w^*) \geq f(w_t) + \langle w^* - w_t, \Delta f(w_t) \rangle$$

In addition, this theorem uses the potential function:

$$\phi_t = |w_t - w^*|^2$$

## 2 NOISY GRADIENT DESCENT RECAP

The intuition that for equation (1),  $f$  does not need to be the same function at every timestep allows us to generalize the theorem to the noisy case.

Let  $g$  be a "noisy gradient oracle" that returns a random variable  $g(w)$  when given  $w$ , S.T.  $E[g(w)] = \Delta f(w)$  with a variance bound  $E[\|g(w)\|^2] \leq L^2$ .

Given that  $g$  introduces unbiased noise with low variance, this concept allows gradient descent to generalize to stochastic sampling and gradient descent with privacy considerations.

### 3 ADDITIONAL STRUCTURE: SMOOTHNESS RECAP

Function  $f$  is  $M$  smooth if gradient of  $f$  is  $M$ -Lipschitz, mathematically this is:

$$\|\Delta f(x) - \Delta f(y)\| \leq M\|x - y\| \leftrightarrow \|\Delta^2 f(x)\|_2 \leq M$$

$\|\Delta^2 f(x)\|_2$  is the magnitude of the largest eigenvalue.

This directly implies  $\forall x, y$ :

$$f(y) \leq f(x) + \langle \Delta f(x), y - x \rangle + M\|y - x\|^2$$

Intuitively, this states that the curvature of  $f$  is bounded by  $M$ , which also implies that every iteration of gradient descent yields a drop in the function value.

After  $T$  steps,  $\sum_t \|\Delta f(w_t)\|^2$  is bounded by  $4M(f(w_0) - f(w^*))$ .

Key observations for gradient descent on smooth functions:

1. Convergence rate of  $1/T$ .
2. Gradient descent on smooth non-convex functions converges to "approximately singular" points.

### 4 MATRIX BASICS

Let  $A \in \mathbb{R}^{d \times d}$ ,  $z = (z_1, \dots, z_d)$

The quadratic form in  $d$  variables:

$$z^T A z = \sum_{i,j} A_{ij} z_i z_j$$

Example: for the matrix  $\begin{pmatrix} 1 & -1 \\ 0 & 1 \end{pmatrix}$ , the quadratic form is  $z_1^2 - z_1 z_2 + z_2^2$ .

The max  $z$  with  $\|z\| = 1$  of the quadratic form is the largest eigenvector of  $A$ . Mathematically:

$$\max_{\|z\|=1} z^T A z = \max_{\lambda} \lambda$$

### 5 GRADIENT DESCENT ON SMOOTH FUNCTIONS

Gradient descent update function:

$$w_{t+1} = w_t - \eta \Delta f(w_t)$$

Alternate definition of smoothness as it relates to the update function:

$$f(w_{t+1}) \leq f(w_t) + \langle \Delta f(w_t), w_{t+1} - w_t \rangle + M\|w_{t+1} - w_t\|^2$$

$$w_{t+1} - w_t = -\eta \Delta f(w_t)$$

Let  $\eta = 1/2M$  and simplify:

$$f(w_{t+1}) \leq f(w_t) - \frac{\eta}{2} \|\Delta f(w_t)\|^2$$

With the function being smooth, this shows convergence of  $1/T$ .

## 6 CAN WE GO BEYOND $1/T$ CONVERGENCE?

Purely assuming smoothness we can get rate of  $1/T^2$  (Nesterov 1983).

Formally, consider GD-like procedures, where  $w_{t+1} = H(w_1, w_2, \dots, w_t, \Delta f(w_1), \Delta f(w_2), \dots, \Delta f(w_t))$ . For all procedures of this kind, error after  $t$  iterations must be  $\geq \frac{1}{t^2}$  in the worst case. This is also known as the oracle lower bound.

## 7 STRONG CONVEXITY

Function  $f$  is  $\mu$ -strongly convex if we have a lower bound via a parabola. Mathematically:

$$f(y) \geq f(x) + \langle \Delta f(x), y - x \rangle + \mu \|y - x\|^2.$$

If  $f$  is both  $\mu$ -strongly convex and  $m$ -smooth,  $f$  is bounded by two parabolas. This equivalently means the hessian is bounded between two parabolas.

$$\forall n, \mu I \preceq \Delta^2 f(n) \preceq MI$$

Without strong convexity we had:

$$f(w^*) \geq f(w) + \langle \Delta f(w), w^* - w \rangle$$

With the addition of  $f$  being strongly convex we have an additional term on the RHS.

$$f(w^*) \geq f(w) + \langle \Delta f(w), w^* - w \rangle + \mu \|w^* - w\|^2$$

Utilizing the potential function:

$\|w^* - w\|^2$  is the potential function  $\phi_t$

$$\begin{aligned} \phi_{t+1} &= \|w_t - \eta \Delta f(w_t) - w^*\|^2 \\ &= \phi_t - \eta \langle \Delta f(w_t), w_t - w^* \rangle + \eta^2 \|\Delta f(w_t)\|^2 \end{aligned}$$

From the smoothness constraint we had:

$$f(w_{t+1}) \leq f(w_t) - \frac{\eta}{2} \|\Delta f(w_t)\|^2, \eta < \frac{1}{2M}$$

$$\|\Delta f(w_t)\|^2 \leq \frac{2}{\eta} (f(w_t) - f(w_{t+1}))$$

Now, using  $\mu$ -strong convexity:

$$\phi_{t+1} \leq \phi_t - \eta (f(w_t) - f(w^*)) - \eta \mu \phi_t + \frac{2}{\eta} (f(w_t) - f(w_{t+1}))$$

After  $T$  steps:

$$\phi_T \leq (1 - \frac{\mu}{8M})^T B^2 \leq e^{-\mu T/8M} B^2$$

Thus, if we want this to be  $< \epsilon$ , then we must pick  $T \approx \log(B^2/\epsilon)8M/\mu$  or  $T \approx (M/\mu) \log(\frac{1}{\epsilon})$

$M/\mu$  is the condition number.

## 8 GRADIENT DESCENT GENERALIZATION

Polyak-Lojasiewicz inequality: suppose  $f$  satisfies:

$$|\Delta f(w)|^2 \geq c(f(w) - f(w^*)) \forall w$$

This holds for strongly convex functions, but can also be satisfied for non-convex functions.

If this inequality holds for  $f$  then:

$$f(w_{t+1}) \leq f(w_t) - \frac{\eta}{2} \|\Delta f(w_t)\|^2$$

$$f(w_{t+1}) - f(w^*) \leq f(w_t) - f(w^*) - \frac{\eta}{2} \|\Delta f(w_t)\|^2$$

$$\|\Delta f(w_t)\|^2 \geq c(f(w_t) - f(w^*))$$

$$f(w_{t+1}) - f(w^*) \leq (1 - c\frac{\eta}{2})(f(w_t) - f(w^*))$$