



## **Epsom Salt Crystals**

Grow crystals in your fridge!

**Length:** 1 day **Difficulty:** medium

## Ingredients

- 1 Cup Epsom Salt
- 1 Cup Hot Water
- Food Dye

## **Materials**

- Measuring Cups
- Spoon
- Glass Bowl

## **ACTIVITY INSTRUCTIONS**

- 1. Combine 1 cup epsom salt, 1 cup hot water, and 1-2 drops of food coloring in a bowl until the epsom salt has mostly dissolved.
- 2. Pour the epsom salt solution into a glass container such as a measuring cup and place in the freezer for 15 minutes.
- 3. After 10-15 minutes, switch the mixture to the fridge and leave on the top shelf for at least 24 hours.
- 4. After 24 hours, drain any remaining liquid and observe the crystals that have formed!

