



**YOUTH
EDUCATION
STREAMING**



Yogurt Fruit Cups!

In this activity you'll make yummy yogurt bites by freezing yogurt with your choice of fruit and nuts

Length: 2 Hours and 20 Minutes

Difficulty: Easy

Supplies You Will Need

- Vanilla Yogurt -1 Quart
- A Muffin Pan
- Cupcake Liners
- Your choice of fruits
- Your choice of nuts or pretzels

ACTIVITY INSTRUCTIONS

1. Line a muffin tin with liners
2. Pour 1/4th cup of yogurt into each cupcake tin
3. Place your berries and nuts on top of the tins as desired
4. Freeze for 2 hours

