



**YOUTH  
EDUCATION  
STREAMING**



## **Banana Sushi!**

*Dip bananas in yummy toppings to make your own sweet “sushi” snack!*

**Length:** 10 Minutes

**Difficulty:** Easy

---

### **Supplies You Will Need**

- 1-2 Bananas
- Nut Butters
- Chocolate (Hershey's or semi-sweet chocolate chips)
- Rice Krispie Flakes
- Chopped Nuts

### **ACTIVITY INSTRUCTIONS**

**(Parental Warning: Microwave use)**

1. Melt chocolate in the microwave for 30 seconds, stirring halfway
2. Dip sides of banana in melted chocolate and coat with toppings
3. Dip sides of banana in nut butter and coat with toppings

