What are your challenges and frustrations related to remote research?

Less opportunity for serendipitous learning

Writing emails takes more time than talking in person Uncertainty of finding reliable resources

self motivation and accountability

More difficult to stay motivated

o stay otivated fee

Not able to attend data collections

Finding updated resources

Wanting to spend more time in a lab/developing lab skills.

feel burdensome asking tiny questions over email

Slower response to questions and issues What has surprised you in a positive way about doing remote research?

Online research consultations can be done online and recorded

I was able to watch online workshops in my field

freedom and flexibility in what i'm doing and for how long

More confident asking questions.

My mentor was able to see how I could direct myself to do things because I wasn't "coming in" to lab

collaboration across wider geographic range

> Meeting times can be more flexible

Able to attend more trainings/webinars/tal ks than i previously had access to